



## **WORLD AMATEUR TEAM CHAMPIONSHIPS**

### **ARGENTINA 2010**

#### **PLAYER GUIDE TO ANTI-DOPING**

**The information provided in this guide is subject to change at anytime and in case of any discrepancy between this information and the International Golf Federation Anti-Doping Policy, the Policy prevails.**

**Always check with the International Golf Federation for the most up-to-date anti-doping regulations.**

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## THE PURPOSE OF THIS GUIDE

The International Golf Federation is committed to maintaining the integrity of golf. The use of doping substances is contrary to the spirit of fair competition, erodes public confidence and jeopardizes the health and well-being of the golfers.

Anti-Doping Rules, like the *Rules of Golf*, are sport rules governing the conditions under which the sport is played. *Players* and other *Persons* accept these rules as a condition of participation and shall be bound by them.

**It is a condition of entry to all Events organised by the IGF that *Players* voluntarily accept the application to them of the IGF Policy in its entirety and submit to *Testing* in accordance with its provisions, and to the jurisdiction of the disciplinary process set out in the IGF Policy.**

The purpose of this guide is to provide players in the 2010 World Amateur Team Championships with an overview of the International Golf Federation Anti-Doping Policy, including your responsibilities in advance of the Championships and specific requirements when taking part in the doping control process.

A full copy of the IGF Anti-Doping Policy can be found on the IGF website:

[www.internationalgolffederation.org](http://www.internationalgolffederation.org)

## **THE INTERNATIONAL GOLF FEDERATION ANTI-DOPING POLICY AND THE WORLD ANTI-DOPING AGENCY CODE**

The World Anti-Doping Agency (WADA) was created in November 1999 for the purpose of promoting and coordinating the fight against doping in sport at international and national levels. The WADA Code was approved in 2003 at the World Conference on Doping in Sport and revised in 2009. It forms the basis of rules and regulations governing anti-doping that are the same for all competitors in sport.

The International Golf Federation's (IGF) Anti-Doping Policy incorporates the principles of the WADA Code, in particular, the definition of a Doping Offence, the List of Prohibited Substances and the Penalties applicable for a breach of the Policy.

The IGF's operating standards of Testing, Therapeutic Use Exemptions, Laboratory Analysis, Prohibited List and the Protection of Privacy are based on the applicable International Standards which are a fundamental part of the World Anti-Doping Code.

All those involved in the 2010 World Amateur Team Championships, including Players and Player Support Personnel (e.g. caddies, coaches, medical and administrative personnel) have a responsibility to respect the IGF Anti-Doping Policy.

## **SUBSTANCES & METHODS PROHIBITED UNDER THE IGF ANTI-DOPING POLICY**

The IGF "Prohibited List" indicates the substances and methods that are prohibited in-competition and out-of-competition. Substances and methods are prohibited based on criteria set out in the WADA Code article 4.3. A substance or method shall be considered for inclusion on the Prohibited List if WADA determines that the substance or method meets any two of the following three criteria.

1. Medical or other scientific evidence, pharmacological effect or experience that the substance or method alone or in combination with other substances or methods, has the potential to enhance or enhances sport performance.
2. Medical or other scientific evidence, pharmacological effect or experience that the use of the substance or method represents an actual or potential health risk to the Athlete.
3. WADA's determination that the use of the substance or method violates the spirit of sport.

A substance or method shall be included on the Prohibited List if WADA determines there is medical or other scientific evidence, pharmacological effect or experience that the substance or method has the potential to mask the use of other Prohibited Substances or Prohibited Methods.

WADA's determination of the Prohibited Substances and Prohibited Methods that will be included on the Prohibited List and the classification of substances into categories on the Prohibited List is final and shall not be subject to challenge.

A new version of the Prohibited List is published on an annual basis.

The most current Prohibited List is available on IGF's website:

[www.internationalgolfederation.org](http://www.internationalgolfederation.org)

and on WADA's website:

[www.wada-ama.org](http://www.wada-ama.org)

## STRUCTURE OF THE IGF PROHIBITED LIST

The Prohibited List is composed of three sections:

- I. Substances and Methods prohibited at all times (In- and Out-of-Competition)
  - S1. Anabolic Agents
  - S2. Hormones and related substances
  - S3. Beta-2 agonists
  - S4. Hormone Antagonists and Modulators
  - S5. Diuretics and other Masking Agents
  
  - M1. Enhancement of Oxygen Transfer
  - M2. Chemical and Physical Manipulation
  - M3. Gene Doping
  
11. Substances and Methods prohibited In-Competition  
All categories under Section I, plus:
  - S6. Stimulants
  - S7. Narcotics
  - S8. Cannabinoids
  - S9. Glucocorticosteroids
  
- III. Substances Prohibited in Particular Sports
  - P2. Beta Blockers

**ALWAYS** make your doctor and other medical support personnel aware that you are an elite golfer. If you are ever unsure what a product or medication contains, do not take it until you are sure that it is not prohibited. Exercise caution when taking a medication that is not prohibited out-of-competition when leading up to the Championships because if it is taken too close to the competition it may be detected in an in-competition test.

## **CHECKING YOUR MEDICATIONS**

If you need to use a medication for a valid medical condition and are unsure of its status in respect of the IGF Anti-Doping Policy, you are strongly recommended to check out the medication, if possible, before use.

The websites listed on the next page may help you to identify the status of your medication.

If you require a medication which contains a prohibited substance and no alternative is available, you should apply for a Therapeutic Use Exemption (see next section).

If you are travelling to the 2010 World Amateur Team Championships and are proposing to take medications with you for emergency use, you are recommended to check these medications are permitted and may be imported into Argentina. Check with your own Embassy regarding travel advice.

## DRUG INFORMATION WEBSITES

**Australia** Australian Sports Anti-Doping Authority, ASADA  
Web: [www.asada.gov.au](http://www.asada.gov.au)  
Mail: [asada@asada.gov.au](mailto:asada@asada.gov.au)  
Phone: +61 (0) 262060200  
Drug Information Website <https://checksubstances.asada.gov.au>

**Canada** Canadian Centre for Ethics in Sport, CCES  
Web: [www.cces.ca](http://www.cces.ca)  
Email: [info@cces.ca](mailto:info@cces.ca)  
Tel: 1800 672 7775 (within Canada)  
Drug Information Website [www.globaldro.com](http://www.globaldro.com)

**Denmark** Anti-Doping Denmark  
Web: [www.doping.dk](http://www.doping.dk)  
E-Mail [info@anti-doping.dk](mailto:info@anti-doping.dk)  
Tel: +45 4326 2550  
Drug Information Website: [www.antidoping.dk/Medicin.aspx](http://www.antidoping.dk/Medicin.aspx)

**France** French Anti-Doping Organisation  
Web: [www.jeunesse.sports.gouv.fr](http://www.jeunesse.sports.gouv.fr)  
Tel: +33 1 40 45 94 15 (outside France)  
(01) 40 45 90 00 (within France)

**Germany** German Anti-Doping Organisation  
Web: [www.nada-bonn.de](http://www.nada-bonn.de)  
Email: [nada@nada-bonn.de](mailto:nada@nada-bonn.de)  
Tel: 0228 812 9200 (within Germany)

**Greece** Greek Anti-Doping Organisation  
Email: [eskan@sportsnet.gr](mailto:eskan@sportsnet.gr)  
Tel: + 30-2106496524(outside Greece)

**Ireland** Irish Sports Council  
Web: [www.irishsportsCouncil.ie](http://www.irishsportsCouncil.ie)  
Email: [info@irishsportsCouncil.ie](mailto:info@irishsportsCouncil.ie)  
Tel: +353 (1) 8608800  
Drug Information Website [www.eirpharm.com](http://www.eirpharm.com)

**Italy** Italian Anti-Doping Organisation  
Web: [www.coni.it](http://www.coni.it)  
Email: [comunicazione@coni.it](mailto:comunicazione@coni.it)  
Tel: +39-06-36857917(outside Italy)

**Netherlands** Netherlands Anti-Doping Agency – NeCeDo  
Tel: +31 10 2010150(outside Netherlands)  
Email: [info@necedo.nl](mailto:info@necedo.nl)  
Web: [www.necedo.nl](http://www.necedo.nl)

**New Zealand** New Zealand Anti-Doping Organisation  
Web: [www.nzsda.co.nz](http://www.nzsda.co.nz)  
Email: [nzsda@nzsda.co.nz](mailto:nzsda@nzsda.co.nz)  
Tel: 0800 378 437(within NZ)

**Norway** Anti-Doping Norway  
Web: [www.antidoping.no](http://www.antidoping.no)  
Email: [post@antidoping.no](mailto:post@antidoping.no)  
Tel: +47 2102 9200 (outside Norway)

**South Africa** South African Institute for Drug-Free Sport:  
Web: [www.drugfreesport.org.za](http://www.drugfreesport.org.za)  
Email: [drugfree@iafrica.com](mailto:drugfree@iafrica.com)  
Tel: +27 (0) 21 448 3888 (outside S. Africa)

**Spain** [www.csd.mec.es/csd/salud/lucha-contra-el-dopaje](http://www.csd.mec.es/csd/salud/lucha-contra-el-dopaje)

**Sweden** Swedish Confederation of Sport  
Web: [www2.rf.se](http://www2.rf.se)  
Tel: +46-8-699 60 00  
Drug Information website: <http://www2.rf.se/t3.asp?p=91531>

**Switzerland** Swiss Anti-Doping Organisation  
Web: [www.dopinginfo.ch](http://www.dopinginfo.ch)  
Email: [dopinginfo@baspo.admin.ch](mailto:dopinginfo@baspo.admin.ch)  
Tel: +41-313597142(outside Switzerland)  
Drug Information Website: [www.dopinginfo.ch/de](http://www.dopinginfo.ch/de) German  
[www.dopinginfo.ch/fr](http://www.dopinginfo.ch/fr) French  
[www.dopinginfo.ch/en](http://www.dopinginfo.ch/en) English  
[www.dopinginfo.ch/it](http://www.dopinginfo.ch/it) Italian

**United Kingdom** UK Antidoping  
Web: [www.ukad.org.uk](http://www.ukad.org.uk)  
E-mail: [drug-free@ukad.org.uk](mailto:drug-free@ukad.org.uk)  
Tel: +44 (0) 800 528 0004  
Drug Information Website [www.globaldro.com](http://www.globaldro.com)

**United States** US Anti-Doping Agency - USADA  
Web: [www.usantidoping.org](http://www.usantidoping.org)  
E-mail: [drugreference@usantidoping.org](mailto:drugreference@usantidoping.org)  
Tel: +1 719 785 2000 (outside US)  
Tel: +1 800 233 0393 (within US)  
Drug Information Website: [www.globaldro.com](http://www.globaldro.com)

## **THERAPEUTIC USE EXEMPTION (TUE)**

If you have a medical condition that requires the use of a particular medicine(s) which contains a Prohibited Substance and no alternative is available to you, you should apply for a Therapeutic Use Exemption (TUE) in advance from your national anti-doping organisation. Do this as soon as possible and ensure that any existing TUE approval you may be relying upon is valid during the period of the World Amateur Team Championship. If you are granted a therapeutic use exemption for the medication, this will be taken into account if the substance is detected in your sample.

### **The application process for a TUE is a six step process:**

1. Contact your national anti-doping organisation (NADO) and ask for an application form (details of NADOs can be found on the website [www.wada-ama.org](http://www.wada-ama.org) or by contacting your national golf organisation).
2. Complete the form with your prescribing doctor or physician.
3. Send it to your national anti-doping organisation where it will be reviewed by a TUE Committee.
4. If your TUE application is approved, you will receive a TUE approval certificate. Keep this safe.
5. Bring a copy of your TUE certificate to the Championship in a sealed envelope marked clearly with your name and nationality on the front of the envelope. If you are tested you are required to declare the substance on the Doping Control Form and to submit your TUE (in its sealed envelope) to the IGF representative present at testing.
6. Complete this process as soon as possible, but no later than 30 days prior to participating in the 2010 World Amateur Team Championships.

### **Declaration of Use**

For certain inhaled anti-asthma medications (i.e. formoterol, terbutaline) and for local administration of glucocorticosteroids, a declaration form should be used. Download a copy of the IGF Declaration Form from the IGF website, complete online in English (including typing your signature) and e-mail to the IGF Anti-Doping Office.

If you have any queries regarding the TUE process, or if you are unable to contact your national anti-doping organisation, or if your country does not have a NADO, contact the International Golf Federation Anti-Doping Office as soon as possible.

### **Guidance for the completion an IGF Therapeutic Use Exemption or Declaration of Use Form.**

Download a copy of the IGF TUE Form from the IGF website and complete online, in English (including typing signatures). Use one form per medical condition. Save the form and add any additional information with your prescribing physician. Finally, save the form and submit as an attachment to an email to the IGF Anti-Doping Office.

## **WARNING - SUPPLEMENTS & SOCIAL DRUGS**

### **Dietary Supplements**

The use of dietary supplements by players is a risk. In many countries dietary and nutritional supplements are not subject to regulation in the way they are manufactured or labelled. This means that the ingredients may not match those listed on the outside of the box or package. In some cases, the undeclared substances found in the supplement can include one that is prohibited under anti-doping regulations. In other sports, a significant number of positive test results have been attributed to the misuse of supplements.

Players should be aware of the dangers of potential contamination of supplements and the principle of strict liability, i.e. the taking of a poorly labelled dietary supplement is not an adequate defence to an adverse analytical finding.

If you make a decision to use a supplement, you are advised to use products from companies who have developed a good reputation and use good manufacturing practices, such as major multinational pharmaceutical companies.

For more information, WADA has published a Q&A on dietary supplements, which is available on the website: [www.wada-ama.org](http://www.wada-ama.org).

### **Social Drugs**

Competitors should be aware that the majority of social and recreational drugs are prohibited under the IGF Anti-Doping Policy and the use of such drugs can lead to a positive test result. Social and recreational drugs may also be illegal. You should be aware that possession, importation and/or trafficking may constitute an anti-doping rule violation.

## **TESTING**

### **Who Conducts Testing?**

At the 2010 World Amateur Team Championships, testing will be conducted by an IGF approved testing authority on behalf of the IGF in accordance with the IGF Anti-Doping Policy. Samples will be analysed at a WADA accredited laboratory and results reported to the IGF.

When a player has been contacted and notified by a Doping Control Official that he or she is required to undergo a test, a Doping Control Official is required to remain with the player until the end of the Doping Control process.

### **Testing at the 2010 World Amateur Team Championships**

Players selected for testing will be notified of their selection immediately following the completion of their round, usually following recording of your score. The collection of the sample will take place in accordance with the International Standard for Testing adapted for the sport of golf (see sample collection section). Samples will be analysed for "in-competition substances" as referred to in the Prohibited List. Testing will take place at the Championship venue in a designated Doping Control area.

To assist the identification of players, you are asked to take to the Championship venue, a photocopy of the page of your passport (or identity card) containing your name, photograph, nationality and date of birth. This information is required for the testing process and will be used to confirm your identity. It should be easily available to you if you are selected for testing.

## DOPING CONTROL PROCESS

### Selection

Any playing member of a team for the Eisenhower Trophy or Espirito Santo Trophy may be selected for doping control.

### Notification

A Doping Control Officer (DCO) or Chaperone will notify you of your selection for doping control.

- You will be shown identification confirming the DCO/Chaperone's appointment and his or her authority to test by the International Golf Federation.
- You will be informed of your selection and duty to comply with this request. If you fail to comply the DCO/Chaperone will advise you of the consequences of refusing to provide a sample.
- You have the right to be accompanied by a team representative (this is optional unless you are a minor).
- With the DCO/Chaperone's agreement you may be permitted to complete the following:
  - Locate a representative
  - Warm down and collect personal belongings
  - Fulfil media commitments
  - Receive treatment for injury
  - Any other activity accepted by the DCO/Chaperone

### Your responsibilities:

- To confirm your identity.
- To sign the form confirming you have been notified of selection for testing and showing you agree to provide a sample.
- To be escorted from the time of notification until you have completed the sample collection process.
- To report for doping control as soon as possible, and within the time period specified by the IGF Policy and as advised to you by the DCO/Chaperone.
- To advise your team captain/other team official that you have been selected for testing and to request an accompanying representative should you wish one (mandatory in the case of minors). At least ensure that your team officials are aware that you will be reporting for testing.

## Reporting to the Doping Control Station

You should report to the Doping Control area as soon as possible and remain under the supervision of a DCO/Chaperone until the conclusion of the testing process. You are required to remain in the Doping Control area, unless the DCO/Chaperone agrees to allow you to leave for a permitted reason with an escort.

### Your responsibilities:

- To stay in sight of your escort at all times. You must not urinate, and should not take a bath or a shower before reporting until the conclusion of the testing process.
- To provide photo ID at the Doping Control area (lack of photo ID will not prevent sample collection if the DCO is sure of your identity).
- You are responsible for everything you eat, drink and put in your body. It is recommended that you drink only individually sealed, caffeine-free, non-alcoholic beverages.

## Urine Sample Collection

### Providing a sample

The sample collection procedure will be explained to you. If in doubt, request more information. At a minimum you will be informed of your rights and responsibilities during the sample collection. You will be offered a choice of individually sealed collection vessels from which to select. You will select one and should ensure that it is sealed and intact. You will be required to provide a urine sample under the direct supervision of a DCO, who will be of the same gender as yourself. To do this you will go with the DCO to the toilet area. Only the player and the DCO are permitted in the toilet area. If you are a minor you may have your representative present in the toilet area, however this representative is not permitted to view the provision of the sample.



### Your responsibilities:

- With the DCO, check that the equipment is clean and intact.
- Be solely responsible for handling your sample until it is sealed.
- Remove all clothing between the chest and knees and from the hands to the elbows to give unrestricted view of sample provision.
- To provide no less than 90ml of urine. If the amount of urine provided does not meet the minimum required volume, partial samples will be collected and sealed until 90ml is collected and the partial samples will be combined.

## Urine Sample Collection

### Splitting the sample

When the required volume of urine is provided, you will be given the choice of individually sealed, uniquely numbered sample collection kits. Choose one and under the direction of the DCO open it and check the sample code numbers on the bottles, the lids and the container all match. Check the equipment is clean and intact.



Again under the direction of the DCO, pour the required volume of urine into the "B" bottle, then the remaining urine into the "A" bottle. The DCO may ask you to leave a small amount of urine in the collection vessel so that the specific gravity (dilution) of the urine can be measured.

### Your responsibilities:

- To choose a sample collection kit and check the numbers on the bottles, lids and container all match.
- To divide the sample into the A and B bottles.

## Urine Sample Collection

### Sealing the samples

You should seal the bottles with the lids. The DCO and your representative should verify the bottles are sealed properly. The DCO will measure the specific gravity of the residue of urine in the sample collection vessel. The value will be recorded on the Doping Control Form. If the sample does not meet the specific gravity requirements, you may be asked to provide additional samples.

### Your responsibilities:

- To check that the bottles are securely sealed.
- To provide further samples if the first sample does not satisfy the requirements for specific gravity.

## Completing the Doping Control Form

You will be asked to provide information about any prescription and non-prescription medications or supplements you have taken recently. These will be recorded on the Doping Control Form. If you have a valid TUE or have submitted a Declaration of Use, you should mention this to the DCO for recording on the form. You will be asked if you have any comments regarding the doping control process and you may record them on the form. Check that all information recorded on the form is correct and then sign the form. Your representative and the DCO will also check the information and sign the form. The form will be divided and you will receive a copy containing all information. Retain this form safely, at least until you are notified of the

results of the analysis. The copy of the form that is sent with the samples to the laboratory does not contain any identifying information about you.

**Your responsibilities:**

- To provide information about medications, supplements and any TUE certification.
- To check the form for accuracy, including all code numbers and make any comments you wish.
- To sign the form and to ask your representative to check and to sign the form if accurate.
- To receive a copy of the form and to keep it securely.

You may be asked if you would agree for your sample to be used for research purposes, you are free to decide if you wish to agree or decline this invitation.

**Modifications for Minors**

You may, at your request, be accompanied by a representative at all times during the sample collection procedure, including in the toilet area. However, the representative will not witness the passing of the sample unless requested to do so by the minor.

## Sample Storage and Transportation

Sealed urine samples will be securely stored at the Doping Control area temporarily prior to transportation to the laboratory. Samples will be packaged for shipping to ensure their security is traceable. The relevant documentation will accompany the samples – this documentation will not reveal your identity to the laboratory. The chain of custody of the samples will be documented throughout.

The samples will be sent to a World Anti-Doping Agency accredited laboratory for analysis. The laboratory will sign receipt of your sample, inspect the samples to ensure there is no evidence of tampering and will continue to document the chain of custody.

## Analysis

The laboratory will analyse the “A” sample for those substances specified on the IGF Prohibited List and will report the results of the urine sample analysis to the International Golf Federation approximately 10 days after receipt of the sample. The “B” sample is securely stored at the laboratory and may be used to confirm an Adverse Analytical Finding from the “A” sample.

## Results Management

If there is an adverse analytical finding, then the IGF will conduct an initial review to verify whether you had a TUE for the substance found in your sample and to make sure that the sample collection and analysis was conducted according to procedures.

If the initial review does not explain (or justify) the Adverse Analytical Finding, you will be notified in writing of the result and your rights regarding the analysis of your “B” sample. At this point, you may be provisionally suspended according to the rules of the IGF or your own national golf organisation. In this case, you will be notified accordingly. During competition, a mandatory provisional suspension is imposed when an “A” sample returns an Adverse Analytical Finding for a prohibited substance (other than a specified substance). The provisional suspension is imposed promptly after the initial review and notification of the player.

If you decide to request a “B” sample analysis or if the “B” sample analysis is requested by the IGF you may attend or choose to send a representative on your behalf.

Should the B sample analysis not be requested, or if the B sample analysis confirms the A sample analysis, the IGF will proceed with the results management process including the right to a fair hearing. The hearing will determine whether a breach of the IGF Anti-Doping Policy has occurred as well as determine what sanctions will be imposed. In the event that the B sample analysis does not confirm the A sample analysis, the test result will be invalidated and no further action will be taken.

## Sanctions

The IGF is responsible for determining what sanctions will apply to a Doping Offence at the 2010 World Amateur Team Championships on a case-by-case basis. You will be given the opportunity to establish a basis for eliminating or reducing the sanction, or having the sanction partially suspended.

Sanctions for a breach of the IGF Anti-Doping Policy range from a reprimand to a lifetime ban from all IGF events. The period of ineligibility may vary depending on the type of anti-doping rule violation, the circumstances of an individual case, the substance and the possible repetition of an anti-doping violation.

For the 2010 World Amateur Team Championships in a team consisting of three players, if one member of a team is in breach of the IGF Anti-Doping Policy that player's results will be disqualified automatically and the team result amended accordingly, along with the results of the Championship if necessary. If more than one member of a team commits a Doping Offence in breach of the Policy, the team will be disqualified and the results of the Championship amended accordingly. A team consisting of two players will be disqualified for any breach of the IGF Anti-Doping Policy.

## Appeals

You have the right to appeal any decision regarding a positive test attributed to you or sanctions (including a provisional suspension) imposed on you following a breach of the IGF Anti-Doping Policy. The appellate body is the Court of Arbitration for Sport (CAS). Unless the CAS rules otherwise, the initial decision remains in effect while under appeal.

## THINGS TO REMEMBER

Although the IGF, your team captain, coach and support personnel all have a role to play in ensuring that you are fully informed with regard to Doping Control, the ultimate responsibility is yours. You are responsible for ensuring that your medications are permitted, you are responsible for what enters your body and it is your responsibility to know the applicable anti-doping regulations.

### You should take time to:

- Read this Player Guide and learn more about how anti-doping regulations affect you.
- Inform your doctor and pharmacist that you are an elite golfer who may be subject to doping control.
- Prepare for the Championships by listing your medications (including those you may need when travelling).
- Check that any medications you are using are permitted.
- Apply as soon as possible for a TUE if you are medically required to take a Prohibited Substance.
- Submit a Declaration of Use for those substances which may be declared.
- Take special care with unlicensed products such as nutritional supplements or herbal preparations.
- Avoid social and recreational drugs.
- Make a photocopy of the page of your passport or identity card that contains your name, date of birth, nationality and photograph and ensure that you have it with you at the Championship venue.

Further information is available on the WADA website [www.wada-ama.org](http://www.wada-ama.org) or by contacting your own national anti-doping organisation or the International Golf Federation.

### IGF Anti-Doping Office

Email - [igfantidoping@sportingintegrity.com](mailto:igfantidoping@sportingintegrity.com)

Tel - +44 (0) 5601 682094

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[www.internationalgolfederation.org](http://www.internationalgolfederation.org)